

## Family Estrada - García

MISSIONARIES IN HONDURAS



### Experiment

Let's do an experiment together. It won't take you more than 5 minutes. Put aside everything you are doing right now, just for five minutes. Don't think about food, chores, work, kids, or yourself. Just take 5 minutes. Now think about this week. It's possible that a lot of things went wrong, differently than you expected. But don't focus on that.

Focus on the blessings you received from God in these days: restored health, sharing with family, a task well done, a renewed interpersonal relationship, a good coffee just the way you like it, a sunset or sunrise you enjoyed, your favorite song. Take your time, think about it, have you got it yet? Now, read what is written in Genesis 1: 31: "God looked at everything he had made and considered it very good" (NIV). Do you notice?

Even God stopped at the end of the day, evaluated what He had created, and rejoiced. Even in the midst of daily stress, let's stop for 5 minutes to meditate and rejoice in God's work and blessings in our lives. We can rejoice in the work we do that blesses others. That can make a difference in our lives.

### Family News

We really enjoyed the blessing of visiting family at the end of last year. Angelina and the girls were able to spend time with the family, especially with the 95 year old grandmother. Hector had the opportunity, after 4 years, to visit his mom, Ritha, in Ecuador over the end of the year. He was also able to spend time with his brother, Ricardo, and other family members. It was an important time to encourage his mom, who has been battling cancer for 5 years. God was good to allow us to make these trips!

On February 14 we tested positive for COVID-19. The first one to show symptoms was Hana, then all of us. It was several weeks of symptoms, doctor's appointments, medications, sleepless nights and confinement.

If you have been through COVID, you know what I am talking about. Although the symptoms of COVID were mild, during this time we felt emotionally vulnerable, especially for the weeks without going out or being able to receive anyone in the house. However, God was good to provide people who encouraged us and supplied our needs. We are grateful to God for allowing us to make a full recovery. It also allowed us to reflect on the need to support others who are going through this same situation. Also, we are excited because we are almost finished another year of homeschooling with the girls. We continue to enjoy this new stage with them and the difficulties we encounter along the way. However, in every circumstance, be it achievements or setbacks, we can see God's hand in their lives and ours. Michelle, now almost 6 years old, is beginning to read and write in Spanish and English, we see God's mercy.

Hana is about to finish fifth grade and Elina seventh grade. Also, we want to share with you that Angelina's diagnosis of glaucoma in her left eye has been confirmed. Thank God it has been detected early, and she has lost few nerves, the treatment is the permanent use of eye drops for her eyes.





## Honduras News

Some news about Honduras. We are currently going through a transition process with the change of the new government. We are receiving daily news about the critical situation left by the outgoing government. And to all this, we add the world crisis that we are all going through, which we see reflected in the rise of almost everything. However, we continue to believe that God is enough and that, despite the conditions of our countries, we must continue to share and support the teaching. For, if we really know God, we can understand the purpose of our life. That's what Honduras needs, to know God genuinely!

## Ministry Activities

God has led us to make a change of local church. For 8 years we were congregating in the local church Betel, serving in the teaching ministry. Starting in March of this year we will be congregating at Centro Familiar Cristiano (CFC) church, where we will continue the ministry of training pastors and Christian leaders. Hector will be part of the pastoral team of the church, in the area of Christian education and preaching the Word of God. In addition, we continue under God's guidance, collaborating in the following projects and ministries.

### Discipleship

1.-Discipleship "Among women" is a space for women who do not congregate or are not involved in discipleship in their local church.  
2.-Discipleship "Growing Together" is a group of seminary alumni where we have been collaborating for 8 years.

### Mobile Bible Institute

1.Collaboration in the writing of the course "Called to Serve" by Angelina. And Hector collaborates with the course "Panorama de la Biblia".  
2.-Support in face-to-face meetings for the development of the "Practical Pastoral" course of the EBL program, with a group of brothers from a Lenca community.

### Creation of material

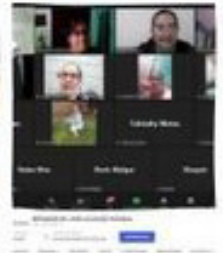
1.-Writing with a group of sisters, material for women "Knowing God" focused on the attributes of God. It will later be adapted to the virtual classroom.  
2.- We were invited to collaborate with a couple of devotionals for Scripture Union.

### Virtual Classroom

1.-Attention to the virtual classroom of World Reach, in the last months. We have the presence of brothers from different countries  
2.- With the support of Ashley and Tara, 15 biweekly devotionals have been initiated in the virtual classroom.

### Workshops and preaching in support of the local church.

Eventually, we are supporting churches in the interior of the country with specific training for Sunday school teachers.



## Prayer Requests

- For our family, to be able to balance ministry and time with the girls. May God guide us to be the parents they need.
- May God allow us to teach always under the right motivations and allow the Holy Spirit to be instruments in His hands.
- For each person who is being trained, so that God shows the reality of their hearts and they can truly serve under the guidance of the Holy Spirit.
- May God open doors so that the online platform can reach remote places and people.

*Thank you!*

*We are always grateful to you for being part of the team that God has raised up to join the work that God is doing in Honduras and Latin America.*

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